

CERTIFICATE IN COUNSELLING SKILLS THEORY (14L591RF)

Students must also comply with the University General Regulations and the Supplementary Regulations for the Certificate in Counselling Skills Theory

All the courses listed below are prescribed for this degree

A total of 120 credit points is compulsory for the award of this Certificate

PROGRAMME YEAR 1 – 30 Credit Points					
First Half-Session			Second Half-Session		
Course Code	Course Title	Credit Points	Course Code	Course Title	Credit Points
CO1001	Counselling Skills 1	15	CO1501	Counselling Skills 2	15

PROGRAMME YEAR 2 – 60 Credit Points					
First Half-Session			Second Half-Session		
Course Code	Course Title	Credit Points	Course Code	Course Title	Credit Points
CO2007	Counselling Skills 3	15	CO2507	Counselling Skills 4	15
At least 30 credit points from the below courses:					
CO2001	Counselling Skills: Introduction to Transactional Analysis	15	CO2502/ CO2003	A Person centred Approach to Helping Relationships	15
CO2002	An Introduction to a Psychodynamic Approach	15	CO2503	Transactional Analysis Skills Development	15
CO2004	Further Steps In Counselling 1	15	CO2504	Further Steps In Counselling 2	15
CO2006/ CO2506	An Introduction to Cognitive Behavioural Counselling	15	CO2505/ CO2005	An Introduction to the Theory of Practice Mindfulness	15

PROGRAMME YEAR 3 – 30 Credit Points		
First Half-Session		Second Half-Session
Course Code	Course Title	Credit Points
CO3002/ CO3502	Counselling Skills Dissertation with Group Instruction	30

Notes

1.	The Certificate in Counselling Skills Theory can only be completed in a minimum of 2 years.
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