







First name

Last name

Job Title:

Health board:

e-mail address:

I would like to attend:

Full day  Morning only  Afternoon only

I have the following dietary requirements:

There will be opportunity to attend 2 workshops during the day.

Please rank the workshops in order of preference, 1 = top choice, 6 =last choice.

Mindfulness

Resilience

Design Thinking

Mental health in the Workplace

Bullying in the Workplace

Rotas, Pensions + Wages

I am interested in displaying a poster under the heading of:

Education/Training  Quality Improvement  Wellbeing

Please provide a 250 word abstract via e-mail by Friday 19th July 2019.

Registration forms to be returned via e-mail to: [nhsg.traineeforum@nhs.net](mailto:nhsg.traineeforum@nhs.net) by Fri 26th July 2019