

**DEGREE OF BACHELOR OF SCIENCE IN APPLIED SPORTS SCIENCE (04C60570)**

**DESIGNATED DEGREE OF BACHELOR OF SCIENCE IN APPLIED SPORTS SCIENCE  
(04C60589)**

Students must also comply with the University General Regulations and the Supplementary Regulations for the Degree of Bachelor of Science

**All the courses listed below are prescribed for this degree**

| PROGRAMME YEAR 1 – 120 Credit Points         |   |               |             |                                   |               |
|--|---|---------------|-------------|-----------------------------------|---------------|
| Term 1                                       |   |               | Term 2      |                                   |               |
| Course Code                                  | Course Title  | Credit Points | Course Code | Course Title                      | Credit Points |
| PD 1002                                      | Getting Started at the University of Aberdeen             | 0             |             |                                   |               |
| CM 1020                                      | Chemistry for the Life Sciences                           | 15            | CM 1512     | Chemistry for the Life Sciences 2 | 15            |
| SM 1001                                      | Introduction to Medical Sciences                          | 15            | SM 1501     | The Cell                          | 15            |
| SR 1002                                      | Introduction to the Science of Sport, Exercise and Health | 15            | SR 1503     | Fitness, Performance and Survival | 15            |
| Plus 30 credit points from courses of choice |   |               |             |                                   |               |

| PROGRAMME YEAR 2 – 120 Credit Points         |   |               |             |                                      |               |
|--|---|---------------|-------------|--------------------------------------|---------------|
| Term 1                                       |   |               | Term 2      |                                      |               |
| Course Code                                  | Course Title                            | Credit Points | Course Code | Course Title                         | Credit Points |
| BI 20B2                                      | Physiology of Human Cells               | 15            | BI 25B2     | Physiology of Human Organ Systems    | 15            |
| SR 2002                                      | The Science of Sports Performance       | 15            | SM 2501     | Research Skills for Medical Sciences | 15            |
| SR 2003                                      | Principles of Strength and Conditioning | 15            | SR 2501     | Exercise and Health                  | 15            |
|  |   |               | BI 25M7     | Energy for Life                      | 15            |
| Plus 15 credit points from courses of choice |   |               |             |                                      |               |

| PROGRAMME YEAR 3 – 120 Credit Points<br>JUNIOR HONOURS |                             |               |                     |  |               |
|--|-----------------------------|---------------|---------------------|--|---------------|
| Term 1   |                             |               | Term 2              |  |               |
| Course Code  | Course Title                | Credit Points | Course Code         | Course Title                           | Credit Points |
| PY 3002  | Integrative Physiology      | 30            | SR 3509             | Applied Practice in Sport II           | 30            |
| SR 3009  | Applied Practice in Sport I | 15            | <b>Plus one of:</b> |  |               |
| SR 3301  | Sports Psychology           | 15            | SR 3506             | Biochemistry and Nutrition of Exercise | 30            |
|  |                             |               | SR 3511             | Nutrition, Health and Exercise         | 30            |

| PROGRAMME YEAR 4 – 120 Credit Points<br>SENIOR HONOURS |   |               |             |   |               |
|--|---|---------------|-------------|---|---------------|
| Term 1   |   |               | Term 2      |   |               |
| Course Code  | Course Title                                  | Credit Points | Course Code | Course Title                              | Credit Points |
| SR 4007  | Research Topics in Sports Science and Studies | 30            | SM 4501     | Medical Sciences Honours Research Project | 60            |
| SR 4008  | Nutrition, Obesity and Metabolic Health       | 15            | SM 4901     | Medical Sciences Data Analysis Paper      | 0             |
| <b>Plus one of:</b>                                    |   |               | SM 4902     | Medical Sciences General Essay Paper      | 0             |
| SR 4301  | Exercise Physiology                           | 15            |             |   |               |
| BM 4301  | The Science of Ageing – From Cradle to Grave  | 15            |             |   |               |

**PLEASE SEE OVER →**

| <b>Notes</b> |  |
|--------------|--|
| 1.           | Programme may only be taken by full-time study.  |
| 2.           | Honours candidates are required to take both a two hour general examination (SM 4901) and a three hour problem solving examination (SM 4902) at the end of the Final Honours Year. |
| 3.           | For Honours students the examinations for courses taken in the Final Honours Year will be held at the end of the session.  |
| 4.           | Designated Programme:<br>See Supplementary Regulation 1.   |