

Leiden University

Study Abroad/Exchange Information Sheet

Institute of Psychology 2025 - 2026



**Universiteit
Leiden**
The Netherlands

Discover the world at Leiden University

INSTITUTION

Name Institution	Universiteit Leiden
ERASMUS ID code	NL LEIDEN01
Website	www.universiteitleiden.nl (Dutch) www.universiteitleiden.nl/en (English)
Website (for exchange programme)	Study Abroad/Exchange Programmes Information for after arrival

CONTACT

Name	<u>Central:</u> Student and Educational Affairs (SEA), International Relations	<u>Faculty:</u> Social and Behavioural Sciences (FSW), Institute of Psychology
Visiting Address (not to be used for post)	“P.J. Veth Building“ Nonnensteeg 1-3 2311 VJ Leiden The Netherlands	Visiting address: Pieter de la Court – building, Wassenaarseweg 52, 2333 AK Leiden, The Netherlands.
Postal Address (regular post)	P.O. Box 9500, NL-2300 RA, Leiden, The Netherlands	Postal address: Pieter de la Court-building, c/o Ms. Rianne de Bree / Romy van Keppel, P.O. Box 9555, 2300 RB Leiden, The Netherlands.
Postal Address (courier services)	Leiden University SEA/International Relations ATTN: [first name] [last name] Rapenburg 70 2311 EZ Leiden The Netherlands +31-71-527-3110	
Telephone number	+31 71 527 7781	
Email	Admission information about Erasmus applications: (Ms) Gaye Eksen, Team Lead Mobility Team: exchange@sea.leidenuniv.nl Partnerships: (Mr) Hung-Wah Lam Head of International Relations internationalrelations@sea.leidenuniv.nl	Erasmus+ programme coordination: (Ms) Romy van Keppel Partnerships & Policy: (Ms) Rianne de Bree International exchange coordinators for the Institute of Psychology: exchangepsy@fsw.leidenuniv.nl

APPLICATION

Nomination periods	Fall Semester and Full Year	January 1 - March 1 Nomination processing begin date: February 1
	Spring Semester	July 7 - September 15 Nomination processing begin date: August 15
Application deadlines	Fall Semester and Full Year	April 1
	Spring Semester	October 15
<i>Important note:</i> It's key that students have completed their application file, applied for university housing and paid the housing fee no later than 1 April for Fall and 15 October for Spring . This will increase their chances of being allocated housing significantly.		

Admission requirements	A GPA of 3.2 out of 4.0 and two years of prior academic study, unless otherwise agreed in bilateral agreements.
Language requirements	<p>Please refer to our Erasmus agreement whether a language test is required. If a language test is required, please see below more information:</p> <p>IELTS Academic test: at least 6.5 TOEFL test: 90 (internet-based test) Cambridge CAE (Certificate of Advanced English): 180 Cambridge CPE (Certificate of Proficiency in English)</p> <p>Test results should not be older than two years. Institutional TOEFL (ITP) tests are not accepted. A few individual courses may require a higher test score. All courses at LUC require IELTS 7.0 or TOEFL 100 (internet-based).</p> <p>Please note that we do not accept the TOEFL IBT Special Home Edition™ and TOEFL IBT Paper Based™ for admission.</p> <p>An English language test result is not required if students have completed their secondary education in Australia, Canada (English-taught programmes), Ireland, New Zealand, the UK or the USA, or if they have an International Baccalaureate diploma.</p> <p>Programme specific language proficiency requirements for Master programmes can be found on our website.</p>
Online nomination	<p>Students need to be nominated by their home university coordinator via our online nomination form before they can start their application. We kindly request that you do not nominate outside of the designated nomination periods mentioned above, unless partner-specific arrangements have been made in previous years. Nomination instructions will be shared separately from this document.</p>
Online application and admission	<p>Once their nomination has been approved, students will receive Leiden University account details, (ULCN) and will be invited to submit their application via our online application portal uSis.</p> <p>After completing their personal details and submitting supporting documents, students are prompted to submit course requests in our online application portal. Once an application is complete, if the student meets the admission criteria, course requests are forwarded to the faculties for evaluation. A student must be admitted to several specific courses of min. 15 ECTS before an offer of admission can be extended. We recommend that students not book flights or make other travel plans before receiving their offer of admission. In addition to their desired courses, students should also select max. 3 alternative courses in case their first choices are not all approved.</p>
Required documents	<ul style="list-style-type: none"> • Official Transcript • Motivation letter • Copy of passport ID page • English Language certificate (if necessary, as listed above)

PRE-DEPARTURE

Website for international students	This website with information on life in the Netherlands and practical matters such as Visa, Housing and Financial Matters will help students prepare their stay.
Housing	<p>Like many universities in the Netherlands, Leiden University does not have a central campus or student dormitories. Instead, our faculties are spread throughout the cities of Leiden and The Hague and students live in accommodation rented via housing organisations and landlords. In general, students are expected to arrange their own housing. We advise prospective students to start to explore ways of finding accommodation well before arriving in the Netherlands to begin their studies.</p> <p>Each year, Leiden University reserves a limited number of rooms via housing agency DUWO for new international students, but due to high demand and limited availability, Leiden University cannot guarantee accommodation to all applicants.</p> <p>Prospective students are thus advised to apply for housing in a very early stage, and to pay the housing application fee (€285) as early as possible after application. An application for housing can be submitted via the application portal as soon as</p>

	<p>their application for admission has been submitted. There is no need to await a decision on their application for admission to Leiden University. Once a student has reserved accommodation via University Housing, the housing agency DUWO further coordinates the process.</p> <p>Housing through Leiden University cannot be guaranteed, we insist that students also seek housing via other routes. If a student needs to find housing independently Leiden University can give advice and tips. Please be informed that private housing can be expensive and is scarce.</p>
Visa and residence permits	<p>Holders of EU/EEA passports do not require a residence permit to study at Leiden University. Students with a non-EU nationality must have a residence permit and in many cases an entry visa as well. Once a student has been admitted to Leiden University, the International Relations Office will work with the student to apply on their behalf. Students should note that there is a fee of €228 for visas/permits (this fee is subject to change annually) and strict deadlines for submission of documents.</p>
Insurance	<p>All students are obliged to have health insurance to cover any medical costs incurred during their stay. We strongly recommend that students ensure they have medical insurance before their arrival. Students are also highly recommended to take out liability insurance to cover any accidental damage caused to other persons or property.</p>
Estimated living expenses	<p>On average, students will need at least €968 – €1338 per month. Also see financial matters.</p> <p>Please note that public transport is not free for exchange students, but discount cards are available.</p>

ARRIVAL AND ORIENTATION

Traveling to Leiden	<p>We strongly urge your students to travel to Leiden in a sustainable way. Please feel free to share with your students the website of Leiden University Green Office for sustainable travel tips.</p>	
Warm Welcome Service	<p>Prior or during the orientation weeks, Leiden University offers a free 'Warm Welcome Service' to assist international students with post-arrival practicalities. This service offers a great opportunity to attend all necessary appointments before the start of orientation.</p> <p>What is provided?</p> <ul style="list-style-type: none"> Information desks at locations in Leiden and The Hague offering help and advice on a range of practical matters, such as bank accounts, housing, student cards, insurance policies, GP/Doctor registration. <p>For the upcoming Warm Welcome dates please refer to our website.</p>	
Orientation: Leiden and the Hague	1st semester: *	Leiden: late August
	2nd semester: *	Leiden: late January – begin February <small>*For the exact dates please refer to the websites of the orientation weeks below.</small>
	<p>Leiden University organises two orientation programmes:</p> <p>Orientation Week Leiden – OWL - is the orientation programme to help new international students settle in and find their way around Leiden and the university.</p> <p>The Hague Orientation Programme – HOP - is the orientation programme organized for Dutch and international students who study in The Hague, to help them discover city life, student life and university life of our Campus in The Hague.</p> <p>The orientation programme fee is €100 for participation in August and €55* for participation in January. *These fees are subject to change.</p> <p>Participation in either OWL or HOP is optional - and great fun!</p>	
Residence Life Programme (RLP)	<p>Students living in university provided international accommodation in Leiden area and The Hague can rely on Resident Assistants living in their buildings. The Resident Assistants try to create a home away from home for the new tenants by organizing community building events, lending a sympathetic ear, and helping them with issues or questions they may be experiencing. They also function as a contact point, referring them to the appropriate Student Support Services, and as a liaison</p>	

	between DUWO, and the interests of the tenants.
International Student Associations	Leiden University houses several international student associations who organize cultural and social events for international and internationally-oriented students in Leiden and The Hague; a great way to make friends and get involved!
Dutch language and customs	<p>Language courses are not available as regular exchange programme courses. The University's Academic Language Centre offers Dutch language courses for a fee. Please note that the grades of the language courses cannot be included in the transcript.</p> <p>However, international students can register for the free online Dutch language course Dutch & More, which has been developed for international students. Once they have completed online course successfully, they can register for the Dutch 1B course at Leiden's Academic Language Centre for just 85 euros (instead of €245).</p>
Student life	Leiden and The Hague are vibrant student cities with a rich student life and plenty of sports and cultural activities .
Diversity and Inclusion at Leiden University	Leiden University endorses inclusion and diversity. It is open to all those who wish to study or work here, and to develop their full potential. The University is an open community where everyone who wants to contribute to its ambitions and to all that it stands for will feel at home and have equal opportunities. Please check our website to read more about our vision on D&I and all matters related.

STUDENT SUPPORT SERVICES

Student Support Services	<p>The student support services desk is the student information point at Plexus Student Centre in Leiden, where students can go for information about study options, study skills and any other study-related matters. In The Hague, students are welcome at Beehive Student Centre for the services provided by Student Support Services. Students can contact the student support services desk with questions about issues such as:</p> <ul style="list-style-type: none"> • study programme choice • study skills • internships, careers and the job market • regulations and rights • finances
International Exchange Coordinators	Each faculty has an international coordinator who can assist incoming exchange students with questions regarding courses in that faculty and sign the learning agreements.
Student psychologists	Our student psychologists are accessible and easy to approach. Students are welcome to arrange a consultation to discuss any problems they might be experiencing.
Disability services	Fenestra Disability Centre is Leiden University's service centre for students with a (learning) disability. It is possible to apply for exam or study facilities, such as extra time on exams or use of an exam laptop. These requests must always be supported by one of the student counsellors from Fenestra. It takes up to four weeks to process the request so make sure you apply on time.
24/7 Emergency number	<p>From the Netherlands: 071 527 66 66 From abroad: +31 71 527 66 66</p> <p>For emergency services (fire, police, ambulance): 112 (can only be reached by a Dutch telephone number).</p> <p>For safety instructions please refer to our website. For more information on emergencies and incidents please check our website</p>

ACADEMIC

Academic calendar	The academic year officially runs from September 1 through to August 31. All faculties follow a semester calendar: the first semester lasts from September until December/January. The second semester courses start in February.
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Recommended arrival week (in order to benefit from the Warm Welcome Service and settle in prior to orientation)	1st semester:	mid-August (please check the Warm Welcome Service dates)
	2nd semester:	Third week of January (please check the Warm Welcome Service dates)
Semester dates	1st semester, from / to:	2 September 2024 – 2 February 2025 (exams: late Dec & Jan). *Please note: Psychology resits typically take place end of January, and this can cause problems with your university housing. Read more about this under “examinations” below and check their calendar for more information. *Courses in the Leiden University College (LUC) start slightly earlier, please see their calendar for more information.
	2nd semester, from / to:	3 February 2025 – 6 July 2025 (Final exams: May & June & Psychology resits until mid or end of June) Please note that housing contracts for the Spring semester go until August. July and August are typically months for exam resits at other faculties.
Courses available to non-degree students	<p>Students should check the Prospectus under “Exchange” for information on course content, language of instruction, pre-requisites, semester dates and assessment.</p> <p>The Institute of Psychology provides a diverse selection of Psychology courses for Exchange and Study Abroad students. A full overview of available bachelor's and master's courses for exchange students can be found in our prospectus. For students planning to study in the Fall (semester 1) course selection is based on the offerings from the previous academic year. The entry requirements of each course are used as an eligibility check for the admittance of students to those courses.</p> <p>Important note: Our 10 ECTS level 400 courses are offered twice a year. Due to a high demand, spaces are limited and registration cannot be guaranteed. Students who wish to participate in these courses are strongly advised to list back-up courses that also meet the requirements of their home university.</p>	
Languages of instruction	English and Dutch	
Credit and grading	<p>Leiden University uses the ECTS credit transfer system. Most courses carry a load of 5 or 10 ECTS credits. As is common in the Netherlands, the top grades of 9 and 10 are rarely given.</p> <p>A grading table will be provided on all transcript of records. Please check the website for more information on the grading table.</p>	
Standard course load	<p>15-30 ECTS per semester for non-degree students. 30 ECTS is the standard full-time semester load for degree students. 1 ECTS credit equals 28 hrs of study, including contact hours and self-study.</p> <p>Important note: To be admitted as an exchange/study abroad students, students must be admitted to at least 20 EC for one semester. However, home universities will usually require that students take more credits than that. We recommend that students make sure they are admitted to a sufficient number of courses to meet their credit requirements before arrival!</p>	
Course approval & registration	<p>Course approval occurs at the time of application to the exchange program. This process reserves students a place in the approved courses at most programmes.* Registration for approved courses in our online registration system occurs prior to the start of the semester. This process differs per faculty; students will receive further instructions close to the start of the semester.</p> <p>Questions regarding course registration after arrival should be directed to the</p>	

	<p>academic coordinator at the faculty responsible for the course a student wishes to take.</p> <p>*Please refer to our website for detailed information about course selection. About the course restrictions refer to the information under <i>Important faculty-specific considerations</i>.</p>
<p>Examinations</p>	<p>Many exams for courses that are available to international exchange students are held before the Christmas holidays so that students may return home by the end of December. There is, however, no guarantee that this will always be possible. Alternative arrangements for assessments may be possible, only at the discretion of the lecturer/department.</p> <p>Please note: Alternative arrangements for psychology exams are not possible. If students need to return to their home university in early January, they will not be able to take the resits. Students should carefully consider whether they are comfortable with having only one exam opportunity.</p>
<p><u>Transcript issuance</u></p>	<p>Students will be able to download a digitally certified transcript in their application portal uSis having access to the portal up to 60 days after the last day of their last semester at Leiden University.</p> <p>In case a transcript is required after that date, these can be requested via email to exchange@sea.leidenuniv.nl.</p> <p>Transcripts are downloadable by students at any time, but should be complete by:</p> <ul style="list-style-type: none"> - for Fall students: mid-February to mid-March - for Spring and Full-Year students: mid-June to end of August <p>Please note that this is an indication only. Unfortunately, we are not able guarantee transcript issuance dates.</p> <p>Transcripts will not automatically be mailed to our partner institutions. Should it be necessary that you receive the students' transcripts directly from us, please contact us at exchange@sea.leidenuniv.nl to discuss. Please refer to our website for more information about the transcript.</p>