

# 1. Health and Safety Policy Statement

The University of Aberdeen Rowett Institute of Nutrition and Health is fully committed to ensuring, as far as is reasonably practicable, the health, safety and welfare of all its employees. The Institute also accepts its responsibilities for visitors, or others who may work in its premises and all those who may be affected by its work activities.

All staff, students and visiting workers have a legal duty to take reasonable care of their own health and safety and for the health and safety of others who may be affected by their work activities. They are also required to follow all relevant procedures, codes of practice and guidelines and report to management any matter likely to present a danger to the health and safety of persons.

For out of hour events the organisers will be responsible for the Health and Safety of all members of the group and their visitors on University premises.

Each member of staff, student and visiting worker will receive a copy of this policy statement and will be informed of the Institute's organisation and arrangements for health and safety management.

The successful implementation of this policy requires the co-operation and commitment of everyone within the Institute.

The policy will be reviewed annually and revised, if necessary, in the light of legislative or organisational changes.

The Institute will take all necessary steps to ensure that its legal duties (relating to health and safety legislation) are met at all times.

Health and Safety advisers will be appointed as necessary to assist the Institute in meeting its statutory duties including, where appropriate, specialists from outside the organisation.

The Rowett Institute recognises the importance of managing health and safety effectively as an integral part of its research activities and shall, so far as is reasonably practicable:

- Provide and maintain facilities, plant, equipment, systems and working conditions which are safe and without risk to the health of employees, visitors, contractors and the general public.
- Maintain any workplace under its control in a safe condition and without risks to health, and provide and maintain safe means of access and egress.
- Ensure arrangements are in place for the safe transport, handling, storage and disposal of articles and substances that may be hazardous to health.
- Take full account of health and safety considerations in research project planning and decision-making.

- Provide information, instruction, training and supervision to all employees to enable them to carry out their work activities in a safe manner and promote general health education to develop a healthy work environment.
- Ensure that management will consult with employees or their representatives on health and safety issues and that employees and/or their representatives are able to raise health and safety issues with management and have them resolved effectively.
- Make arrangements for co-operation and co-ordination of health and safety matters where Institute employees share premises and facilities with another part of the University or another employer.
- Endeavour to select contractors who can demonstrate competent health and safety management.

This Policy supplements the University of Aberdeen Health and Safety Policy.

A handwritten signature in black ink, appearing to read 'Peter J Morgan', with a long horizontal stroke extending to the right.

**Peter J Morgan, Director**

**March 2019**