

Crafty Cranachan

Links to the Curriculum for Excellence

Health and Wellbeing

By applying my knowledge and understanding of current healthy eating advice I can contribute to a healthy eating plan. **HWB 2-30a**

Through practical activities using different foods and drinks, I can identify key nutrients, their sources and functions, and demonstrate the links between energy nutrients and health. **HWB 3-31a**

Through exploration and discussion, I can understand that food practises and preferences are influenced by factors such as food sources, finance, culture and religion. **HWB 2-34a**

When preparing and cooking a variety of foods, I am becoming aware of the journeys which food make from source to consumer, their seasonality, their local availability and their sustainability. **HWB 2-35a**

By investigating food labelling systems, I can begin to understand how to use them to make healthy food choices. **HWB 2-36a**

I can understand how advertising and the media are used to influence consumers. **HWB 2-37a**

Languages

I can persuade, argue, explore issues or express an opinion using relevant supporting detail and/or evidence. **LIT 2-29a**

Social Studies

I can discuss the environmental impact of human activity and suggest ways in which we can live in a more environmentally-responsible way. **SOC 2-08a**