

ISMRM 2019: Bilateral Breast coil for Fast Field-Cycling Relaxometric MRI

Introduction

Conventional clinical MRI of the breast requires the use of exogenous contrast agents. Furthermore, the identification of lesions in dense breast tissue, with strong background enhancement, presents further challenges.

Following the work of Koenig and Brown¹ our group has observed the potential of novel Fast Field-Cycling (FFC) NMR biomarkers, which do not require the introduction of contrast agents, correlating with the Nottingham Prognostic index in excised breast tumour tissue². Significant differences were observed in the dispersion curves between healthy, malignant and peritumoural tissue that are not degraded with breast density.

We now intend to take the work forward by imaging the breasts of healthy volunteers and, later, of patients with breast cancer, using FFC-MRI³. In FFC-NMR relaxometry the magnetic field is cycled between a high polarisation field and a chosen evolution field before returning to a fixed high detection field over the course of a pulse sequence, allowing the relaxation rate ($R_1 = 1/T_1$) to be determined over a wide range of field strengths. This requires tailor-made coils so the first step towards this goal, presented here, is the design, construction and testing of radiofrequency coils tailored for use with our existing 0.2-tesla, whole-body FFC-MRI scanner⁴.

Methods

The initial coil, for proof of concept, is a unilateral device. 6 turns of 3 mm copper wire were placed on a Perspex tube of 150 mm o.d., 140 mm i.d. and 80 mm length. The circuit for the coil is shown in figure 1. The coil was enclosed in a Foamalux (Irpen Ltd., UK) box, adjacent to a secondary “dummy” Perspex tube, with their axes separated by 170 mm, to accommodate volunteers and patients with comfort.

Following encouraging performance of the unilateral coil a bilateral coil, for increased versatility, was constructed. The circuit for the coil is shown in figure 2. Six turns of 3 mm diameter copper wire were wound onto each of two cylindrical supports, shown in figure 3a, produced from a design generated in Freecad by an Ultimaker-3 Extended 3-D printer (Ultimaker, Netherlands). The material used was Ultimaker Tough PLA (poly-lactic acid). The supports have an i.d. of 140 mm, an o.d. of 150 mm and a height of 90 mm. the upper 10 mm of the supports have a 10 mm radius flare to enhance comfort.

The two coils are mounted in a coil box designed in Freecad and produced in two identical halves as shown in figure 3b, by an Ultimaker 5s 3-D printer. Figure 4 shows the bilateral coil undergoing tuning and matching prior to an imaging test with a pair of 750 ml 0.8 mM $MnCl_2$ phantoms. Images were acquired using a field-cycled spin-echo sequence with 32 ms echo time and 300 ms polarisation at 0.2 T.

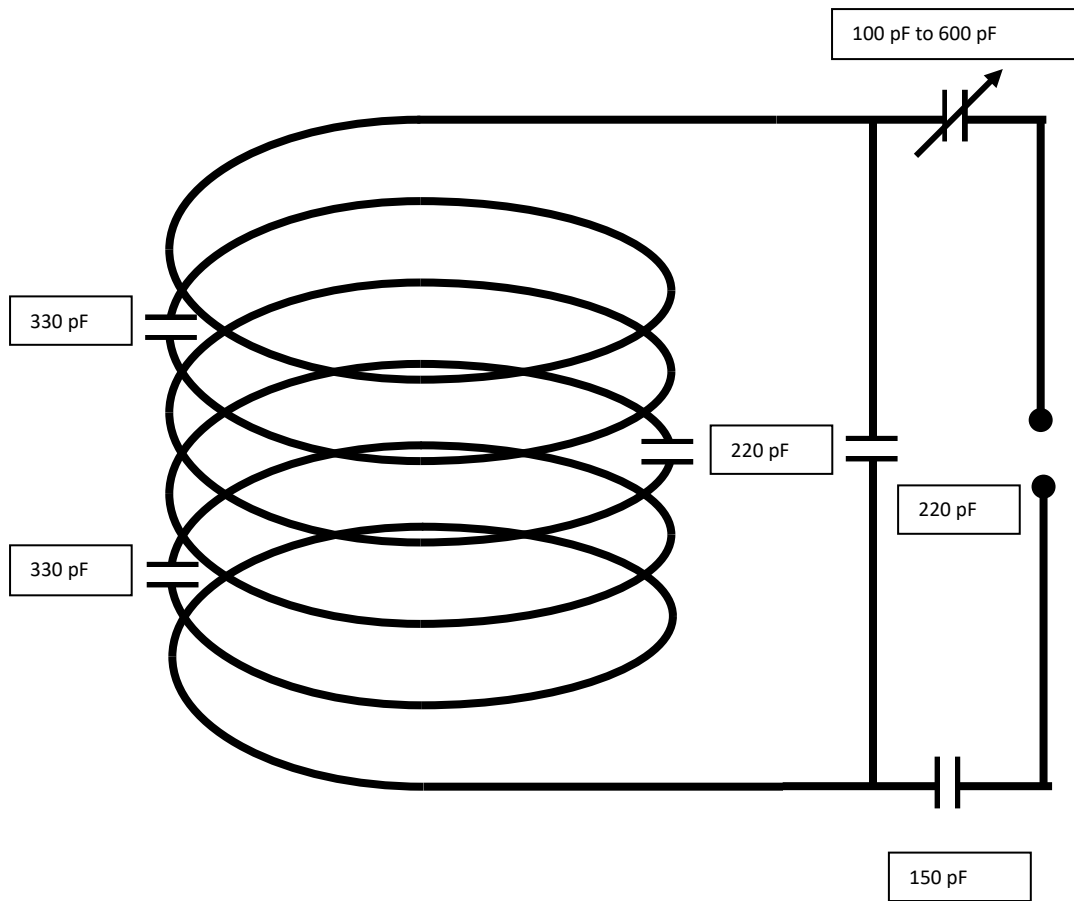


Figure 1. A schematic layout of the unilateral breast coil circuit.

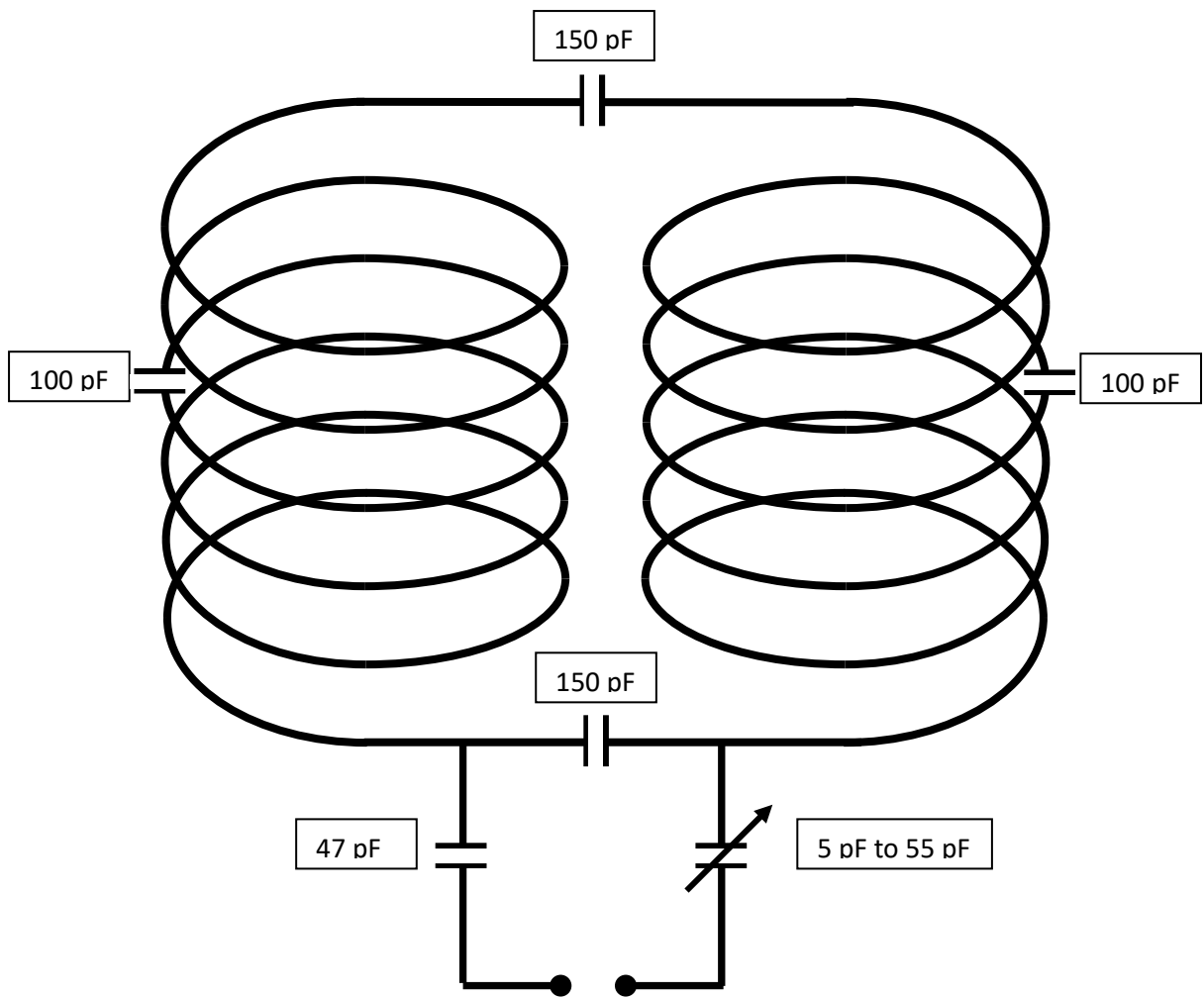


Figure 2 A schematic layout of the bilateral breast coil circuit.

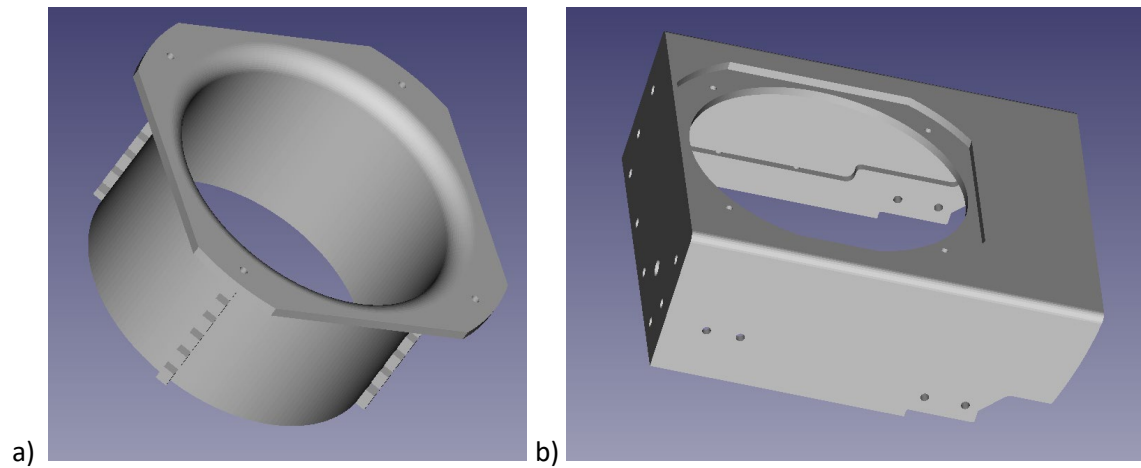


Figure 3 The Freecad models of a) the coil support structure and b) one half of the coil box.

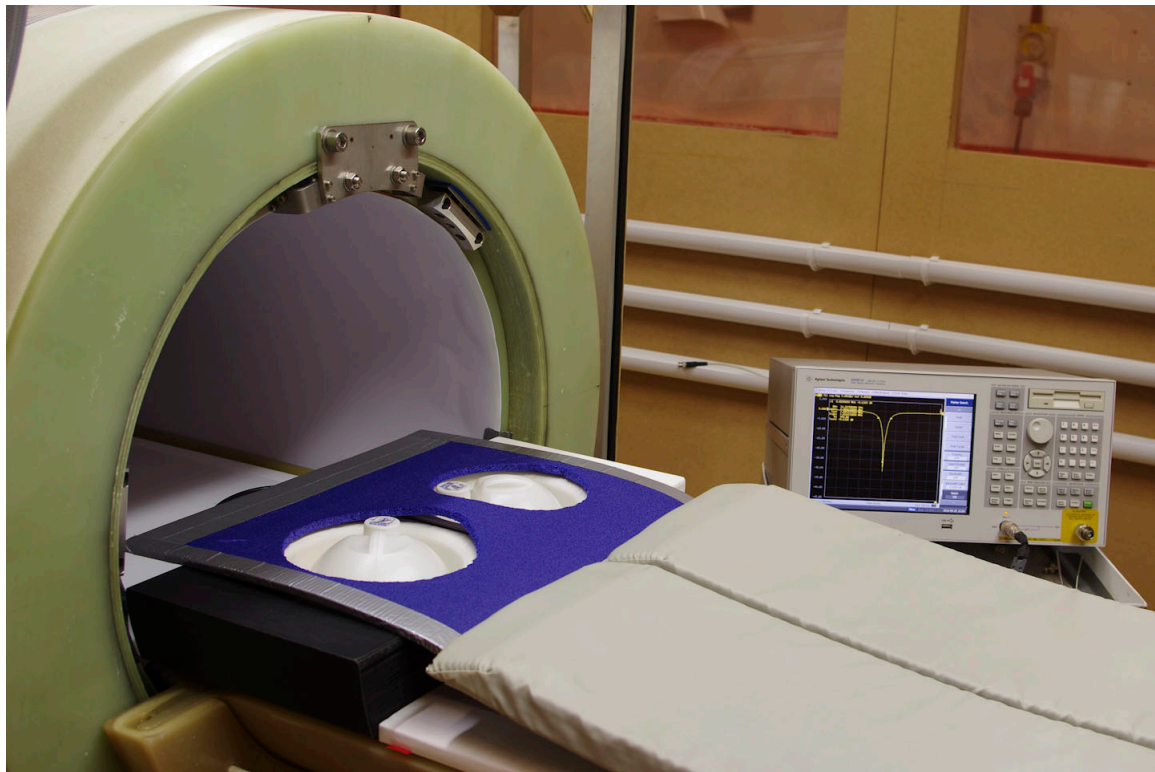


Figure 4. Tuning and matching of the bilateral RF coil before an imaging test, with MnCl_2 phantoms, in the 0.2 T FFC-MRI scanner. The coil box is mounted on the dedicated couch that would increase the space in the bore available to a subject.

Results

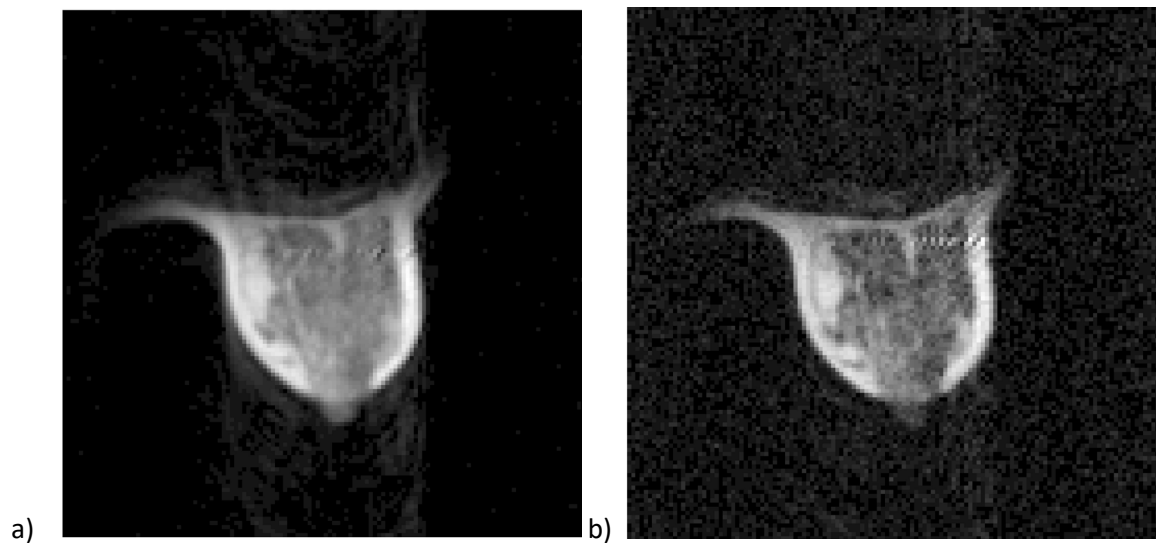


Figure 5. FFC-MRI sagittal images, from the unilateral coil, of the left breast of a healthy volunteer with evolution fields of a) 200mT, b) 1 mT

The unilateral coil has produced high quality FFC-MRI images of the left breast of a healthy volunteer. In Figure 5 contrast differences are seen between images acquired with an evolution field of 200 mT (a) and of 1 mT (b). Polarisation at 200 mT for 200 ms was followed by evolution fields for 26 ms before a spin echo images (TE = 40 ms) were acquired at 0.188 T (8 MHz). The 128 by 128 pixel images have a slice thickness was 10 mm and the field of view was 300 mm.

The bilateral coil also has a resonance frequency of 8 MHz and a Q factor, when loaded with 0.8 mM MnCl₂ phantoms, of 300, which is a significant improvement on the Q factor of 160 for the unilateral coil.

Conclusion

The results obtained show that the unilateral and bilateral coils perform well and are ready for use with human studies. We intend to start clinical trials of FFC-MRI on breast cancer patients, using the bilateral coil, during 2019.

References

1. Koenig S.H. and Brown R.D., Field-cycling relaxometry of protein solutions and tissue: Implications for MRI, *Prog. Nucl. Magn. Reson. Spectrosc.* 1990;22(6):487-567
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4. Ross P.J. et al., A new human-scale fast-field cycling MRI system for clinical applications: *Proc. 25th ISMRM 2017*;2677