



Foresterhill Etiquette

Appropriate for all staff/students including non-lab-based individuals.

1 Microwave safety

Stay with your microwave in kitchen and lab areas. Remember to check if containers are microwavable and to loosen lids. Clean the microwave after use!

2 Compressed gas cylinder/dry ice safety & lift safety

Do not enter a lift if compressed gas cylinders or dry ice are being transported in them because there is a danger of asphyxiation in an enclosed area. When such items are being transported, a 'Do NOT enter' sign is placed inside the lift doorway, to prevent people entering the lift.

3 When the fire alarm sounds – leave the building immediately

Your life is more valuable than either finishing off what you are doing or collecting bags and coats.

4 Always report any accident or near miss

Reporting accidents, even a near miss, is vital to make the building safer for everyone. This should be done online at www.abdn.ac.uk/safety/general/accidents/

5 Be aware of computer workstation ergonomics

Repetitive strain injury has become one of the commonest workplace injuries.

6 Precautions needed for lone working

Please be aware that you may be the only person in certain areas at certain times of the day, even during working hours. Call SafeZone or security on extn. 3939 if necessary. SafeZone is a free app that connects you to the University security team if you ever need urgent help, first aid or if you have an emergency while on campus. Use (9) 999 for life threatening emergencies or (9) 111 for NHS 24.

7 The wearing of lab coats/other Personal Protective Equipment (PPE) in corridors

There will be individuals wearing PPE such as lab coats (possibly also a glove on one hand) moving between labs in the building. Be aware that they may be transporting chemicals, waste, or items for dishwashing for example. They should use the non-gloved hand for opening doors etc. to avoid contaminating surfaces, while a gloved hand can be used for holding samples/etc.

8 Wearing headphones/earbuds whilst travelling around the IMS corridors /stairwells (or in labs) is not permitted

These prevent users being fully aware of their surroundings. A few medical conditions (accompanied with a doctor's note) mean that some people require to wear noise reducing headphones (no music/audio) in some specific lab environments. Their Risk Assessments for wearing them have been submitted and accepted by the Health & Safety (H&S) committee or/H&S Advisor.