



# Foresterhill Etiquette

## Appropriate for lab-based individuals.

### 1 Sharps safety

Be safe with your sharps; understand how to store, use, and dispose of needles and blades properly.

### 2 Compressed gas cylinder and regulator safety

Make sure only trained personnel fit regulators and move/secure gas cylinders. Make sure regulators are replaced before they become out of date. Ensure gas cylinders are secure to approved fixings during use.

### 3 Know your chemical/instrument risk

Have a complete knowledge of the hazards of the chemicals and instruments you use. Read and understand relevant risk assessments (RAs).

### 4 Always wear appropriate Personal Protective Equipment (PPE)

Always wear your lab coat and safety glasses (unless there is an approved RA for not wearing them). For each experiment, check the RA for what PPE will keep you safe. When moving around the building, ensure you have one ungloved hand to open doors, hold banisters, press lift buttons, etc.

### 5 Be aware of laser safety

Are lasers involved? If so, please make sure the Laser Protection Supervisor (LPS) has been informed of the equipment and that safety guidelines are adhered to. See Safety Manual for LPS details.

### 6 Precautions needed for lone working

Be aware of the precautions needed for lone working in the laboratory, including isolated building areas in working hours. Never be isolated when performing an experiment unless risk is minimal, and the work approved by your supervisor/PI. Call the SafeZone app, or security on extn. 3939 if necessary. Use (9) 999 for life threatening emergencies or (9) 111 for NHS 24.

### 7 Wearing headphones/earbuds whilst working within the IMS labs or using corridors/stairwells is not permitted

These prevent users being fully aware of their surroundings. A few medical conditions (accompanied by a doctor's note) mean that some people require to wear noise reducing headphones (no music/audio) in some specific lab environments. Their Risk Assessments for wearing them have been submitted and accepted by the Health & Safety (H&S) committee or/H&S Advisor.

### 8 Precautions

**Remember to follow the etiquette for non-lab members too.**