



## NIHR Global Health Research Group on Promoting Child and Adolescent Mental Wellbeing in sub-Saharan Africa

September, 26,2023

Time	Activity	Presenter
9am-9.30am	Participant registration	-
9.30-9.35am	Welcoming speech	Dr. Mahlet Yared Country Co-lead
9.35am -9:45 am	Opening speech	TBC
9.45am- 10.10 am	Overview of the NIHR GHRG on promoting children's and Adolescent's Mental Wellbeing in Sub-Saharan Africa Project	Dr. Tsion Hailu (Country Co-lead)
10:10am-10:30am	Contextual analysis	Dr.Kibur Engdawork ( WP-1 Country lead)
10:30am-11:45am	Tea Break	
10:45am-11:00am	Mindfulness and developing a mindfulness intervention in schools	Dr Elias Sebsebe (WP-2 Country lead)
11:00am-11:30am	Impact of whole school mindfulness intervention on child and adolescent mental health wellbeing and its relevance for policy actors	Prof Pamela Abott Project PI
11.30am - 12.30am	Discussion	Participants
12.30-12.35pm	Conclusion and Closing remarks	TBC
12.35 pm	Lunch	