



Agenda – Research

The primary objectives of this workshop are:

- 1) Participate in work package and whole-project meetings to advance activities and participate in team-building activities.
- 2) For members of the Work Package 2 Context Specific Intervention, Design and Delivery teacher-educator team to finalise the mindfulness intervention.
- 3) For members of the Work Package 3 Applied Health Research to advance planning activities related to the trial.

Attendees are listed on the back page. This includes details of allocation to the quantitative or qualitative team.

Dr Mahlet Yared and Dr Tsion Hailu are the workshop hosts and will coordinate to ensure the days run to time, that everyone is aware of where they need to be, and any changes are communicated to the team. Session leads or attendees should communicate any required changes during the workshop to them.

Each day you will be give the rooms for the following day, as this will vary. If you are unsure where to go, please speak with Dr Mahlet Yared.

Monday 15th January

Rooms after arrival to be allocated on the day.

Time	Session Name	Session Lead	Attendees
8.30-9.00 AM	Arrival		



	Conference Room at CHS Library		
9.00-9.30 AM	Welcome & daily mindfulness practice	Dr Mahlet Yared & Jane Negrych	All
9.30-9.45 AM	Introductory session on the mindfulness intervention	Mindfulness team	All
9.45-10.30 AM	Recap on work everyone has been doing since the September workshop.	Prof Pamela Abbott	All
10.30-11.00 AM	Morning Break		All
11.00 AM - 12.30 PM	Run through of the programme theory and instruments for the main survey.		
12.30-14.00 PM	Lunch		All
14.00-15.15 PM	Executive Committee meeting	Prof Wenceslas Nzabaliwa & Prof Pamela Abbott	All members of the Executive Committee.
15.15-15.45 PM	Afternoon Break		All
15.45-17.00 PM	PhD supervision meetings	Director of Studies for each student.	1) Isayas, Kibur, Clémentine, Pamela 2) Ivan, Laetitia, Lucia, Awoke 3) Boniface, Wences, Elias, Rachel
	Free session	NA	All except PhD supervision teams



Evening (optional)	Team dinner at Grand Eliana Hotel from 19.00pm.	NA	All
---------------------------	---	----	-----

Tuesday 16th January

Room allocation to be issued on Monday 15th January.

Time	Session Name	Session Lead	Attendees
8.30-9.00 AM	Arrival		
9.00-9.20 AM	Daily mindfulness practice	Dr Elias Sebsibe	All
9.20-10.30 AM	Quantitative working group session 1	Prof Paul McNamee	Quantitative working group
	Qualitative working group session 1	Prof Pamela Abbott	Qualitative working group
10.30-11.00 AM	Morning Break		All
11.00 AM - 12.30 PM	Quantitative working group session 2	Prof Paul McNamee	Quantitative working group
	Qualitative working group session 2	Prof Pamela Abbott	Qualitative working group
12.30-14.00 PM	Lunch		All
14.00-15.15 PM	Quantitative working group session 3	Prof Paul McNamee	Quantitative working group
	Qualitative working group session 3	Prof Pamela Abbott	Qualitative working group
15.15-15.45 PM	Afternoon Break		All



15.45-17.00 PM	Quantitative working group session 4	Prof Paul McNamee	Quantitative working group
	Qualitative working group session 4	Prof Pamela Abbott	Qualitative working group

Wednesday 17th January

Room allocation to be issued on Tuesday 16th January.

Time	Session Name	Session Lead	Attendees
8.30-9.00 AM	Arrival		
9.00-9.20 AM	Daily mindfulness practice.	Wakgari Tasisa Duressa	All
9.20-10.30 AM	Quantitative working group session 5	Prof Paul McNamee	Quantitative working group
	Qualitative working group session 5	Prof Pamela Abbott	Qualitative working group
10.30-11.00 AM	Morning Break		All
11.00 AM - 12.30 PM	Quantitative working group session 6	Prof Paul McNamee	Quantitative working group
	Qualitative working group session 6	Prof Pamela Abbott	Qualitative working group
12.30-14.00 PM	Lunch		All
14.00-15.15 PM	Quantitative working group session 7	Prof Paul McNamee	Quantitative working group



	Qualitative working group session 7	Prof Pamela Abbott	Qualitative working group
15.15-15.45 PM	Afternoon Break		All
15.45-17.00 PM	Quantitative working group session 8	Prof Paul McNamee	Quantitative working group
	Qualitative working group session 8	Prof Pamela Abbott	Qualitative working group

Thursday 18th January

Room allocation to be issued on Wednesday 17th January.

Time	Session Name	Session Lead	Attendees
8.30-9.00 AM	Arrival		
9.00-9.20 AM	Daily mindfulness practice.	Ali Kaleeba Bakali	All
9.20-10.30 AM	Quantitative working group session 9	Prof Paul McNamee	Quantitative working group
	PEA	Dr Lucia D'Ambruose/Prof Pamela	Qualitative working group
10.30-11.00 AM	Morning Break		All
11.00 AM - 12.30 PM	Quantitative working group session 10	Prof Paul McNamee	Quantitative working group
	Qualitative working group – framework analysis of stakeholder analysis session 1	Dr Lucia Dr Lucia D'Ambruose	Qualitative working group, except Prof Pamela Abbott.



12.30-14.00 PM	Lunch		All
14.00-15.15 PM	Quantitative working group - household surveys session 1	Prof Paul McNamee/Professor Pamela Abbott	Quantitative working group
	Qualitative working group – framework analysis of stakeholder analysis session 1	Dr Lucia D’Ambruose	Qualitative working group
15.15-15.45 PM	Break		All
15.45-17.00 PM	Quantitative working group - household surveys session 2	Prof Paul McNamee/Prof Pamela abbott	Quantitative working group
	Qualitative working group – reference groups	Dr Lucia D’Ambruose	Qualitative working group

Friday 19th January

Room allocation to be issued on Thursday 18th January.

Time	Session Name	Session Lead	Attendees
8.30-9.00 AM	Arrival		



9.00-9.20 AM	Daily mindfulness practice.	Prof Wenceslas Nzabairwa	All
9.20-10.30 AM	Free session	NA	All except PhD supervisory teams
	PhD supervisory meetings	Director of Studies for each student.	1) Isayas, Kibur, Clémentine, Pamela 2) Ivan, Laetitia, Lucia, Awoke 3) Boniface, Wences, Elias, Rachel
10.30-11.00 AM	Break		All
11.00 AM - 12.30 PM	NVivo Session	Dr Rachel Shanks	All
12.30-14.00 PM	Lunch		All
14.00-15.15 PM	Presentation on the intervention from the mindfulness team.		All & mindfulness team.
15.15-15.45 PM	Break		All
15.45-17.00 PM	Recap of workshop and actions to take away. Workshop finish.		All

Attendees



Name	Email	Institution
Quantitative working group		
Professor Paul McNamee		University of Aberdeen
Dr Awoke Mihretu		Addis Ababa University
Dr Abraham Getaneh		University of Aberdeen
Dr Girma Motti Geletu		Addis Ababa University
Emmanuel Mwizerwa		University of Rwanda
Dr Clarisse Simbi		University of Rwanda
Ivan Gahima		University of Rwanda
Qualitative working group		
Professor Pamela Abbott		University of Aberdeen
Dr Kibur Engdawork		Addis Ababa University
Associate Professor Clémentine Kanazayire		University of Rwanda
Dr Lucia D'Ambruoso		University of Aberdeen
Professor Laetitia Nyirazinyoye		University of Rwanda
Dr Rachel Shanks		University of Aberdeen
Dr Semere Gebremariam Baraki		Addis Ababa University
Isayas Wubshet Alemu		Addis Ababa University
Dr Dorothy Tukahabwa		University of Rwanda
Boniface Ntahobavukira		University of Rwanda
Optional working group		
Dr Tsion Hailu		Addis Ababa University
François Nkurunziza		University of Rwanda
Dr Mahlet Yared		Addis Ababa University

End of document.