



Participatory Action Research

Training Exchange Day

Kigali 28-29th April 2023



Disclaimer

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Opening address and orientation

Introduction, overview,
icebreaker

Participation in health systems

- Those affected involved in decisions, actions over health care
- Goals of radical transformation, social and political change / justice
- Long policy support. Renewed interest (coproduction, CEI, CAs)
- Many interpretations. Risks of elite capture. Policy ≠ practice

The people have the right and duty to participate individually and collectively in the planning and implementation of their health care WHO, 1978

...community participation policies can become regressive, imposing greater risks and responsibilities upon more disadvantaged communities in return for lower levels of power Rolfe, 2018



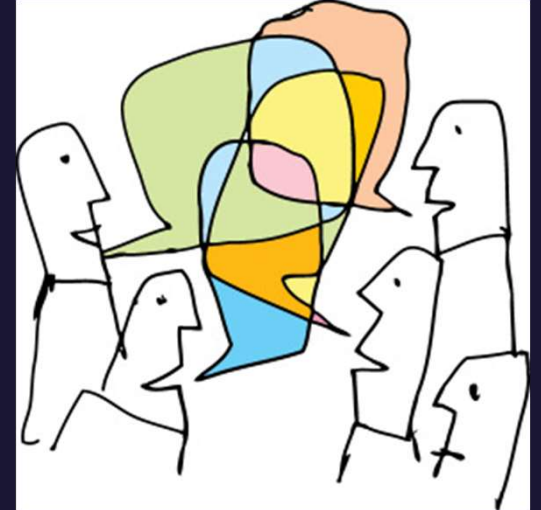
Participatory research

Theory

- Participatory research disrupts conventional subject-object separations in science
- Power is recognised and redistributed between researchers and participants

Practice

- “equal distribution of power is one of the greatest challenges of research methodology” (Shamrova and Cummings 2017)



Applications in context



Training Overview

Learning Outcomes

1. Describe participation in health as a concept
2. Appreciate contextual influences on participation
3. Relate case examples building participation
4. Develop practical insights into PAR methods and tools, including ethical considerations
5. Translate key PAR processes for application in context

Activities

- Participant recruitment, ethical considerations
- Data collection, analysis ethical considerations
- Facilitation role plays
- Building learning cross-contexts
- Vox-pops, 'products'

Learning Principles

1. We have a 'safe to fail' learning environment, promoting peer-learning and exchange
2. We prioritise synergies between research teams working across diverse contexts
3. We promote and advance South-South learning and exchange
4. We foster equitable partnerships in global health research





CERTIFICATE OF PARTICIPATION

This certifies that

Ali Kaleeba Bakali

Participated in Participatory Action Research (PAR) training for the project 'NIHR Global Health Research Group on Promoting Children's and Adolescents' Mental Wellbeing in Sub-Saharan Africa' between 28th and 29th April 2023, in Kigali, Rwanda.

Handwritten signature of Dr Lucia D'Ambruoso.

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29th April 2023

Date

Handwritten signature of Professor Pamela Abbott.

Professor Pamela Abbott FAcSS

Project Director for the NIHR Global Health Research Group
on Promoting Children's and Adolescents' Mental Wellbeing
in Sub-Saharan Africa and Director, Centre for Global
Development, University of Aberdeen, Scotland, UK

29th April 2023

Date

Ice Breaker

- Who are we? Name, institution, role with NIHR/IPAR, expectations for Training Day
- What unites us?
Embracing/expanding diversity.
Areas of connection, areas of difference



Any Questions?



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