



International
Women's Day
*Event
Programme*

Monday 8th -
Saturday 13th March 2021

#CHOOSETOCHALLENGE

#IWD2021 #IWDabdn



CELEBRATING
525 YEARS
1495 – 2020



‘FLEX FOREVER: FLEXIBLE WORKING BEYOND A CRISIS’

with Anna Whitehouse ‘Mother Pukka’

MONDAY 8 MARCH | 11AM – 12.15PM

Anna Whitehouse is a journalist, Sunday Times best-selling author, Heart radio presenter and mother turned flexible working campaigner. After looking for a change of pace and a platform on which to share parenthood trials and tribulations, her online platform Mother Pukka was born, a portal for news, events and honest reviews.

Find out more information and register [here](#)

WOMEN IN SCIENCE PANEL DISCUSSION

Different Day Same Problem: Covid-19, Leadership & Inequality

TUESDAY 9 MARCH | 6PM – 7PM

In this panel discussion successful women researchers will discuss the challenges they face in their everyday lives and extraordinary careers. The panel will reflect on the longstanding problems of gender inequality and how the Covid-19 pandemic has impacted their research, lives, leadership roles and how they are perceived.

Find out more information and register [here](#)

LEADING THE WAY: THE POWER OF MENTORSHIP

WEDNESDAY 10 MARCH | 1PM – 2PM

Considering how to achieve your full career potential? Hear from our mentors as they explore the journeys that led them to their current careers and address your questions about how to succeed. The panel will cover topics from leadership and entrepreneurship to wellbeing and equality. This event is open to all, at any level or stage of their career.

More information can be found [here](#) or please contact events@abdn.ac.uk to sign up.

‘MEN CHOOSING TO CHALLENGE’

with Jeffery Tobias Halter

THURSDAY 11 MARCH | 4PM – 5.15PM

The 2021 International Women’s Day theme is “Choose to Challenge”. How will you invite men into this conversation? Simply put we will never obtain long-term systemic advancement for women without male advocates! What is your company doing to engage men to create a workplace that supports gender equity? What can you do to be an advocate for gender equality and the advancement of women in the workplace?

Find out more information and register [here](#)

COMEDY EVENING with Janey Godley

FRIDAY 12 MARCH | 7PM – 8.15PM

A special Bright Club, comedy brought to you by our very own researchers from University of Aberdeen, will entertain you before handing over to Scotland’s international cultural phenomenon stand-up comedian, bestselling author and internet sensation Janey Godley, who has racked up over 50 million online hits for her iconic voice-over videos and acclaim even from Scotland’s First Minister.

Find out more information and register [here](#)

PAULINE CORDINER STORYTELLER

SATURDAY 13 MARCH | 10AM – 10.45AM AGES 3 - 12

Local storyteller Pauline Cordiner will tell stories that brings together International Women’s Day and British Science Week.

Find out more information and register [here](#)

PODCAST: WALKING TOWARDS HEALTH AND HAPPINESS IN LATER LIFE with Dr Kathryn Martin

Listen to this podcast from Dr Kathryn Martin, Lecturer at the Institute of Applied Health Sciences, University of Aberdeen and Marjory D'Arcy, Chair of Grampian 50+ Network. They will discuss the benefits of walking and how walking groups such as Grampian 50+ Network can have a positive impact on the physical and mental health of older people. We will also look at how the social aspect of walking has been affected by Covid-19 lock down rules.

[Listen here](#)

WOMEN AT THE LIGHTHOUSE FIELD STATION

Find out more about the women who have worked, studied, or volunteered at the University of Aberdeen's Lighthouse Field Station over the last 30 years.

More information [here](#)

OTHER UNIVERSITY OF ABERDEEN INITIATIVES THAT #CHOOSETOCHALLENGE

AURORA UNIVERSITIES NETWORK

Launched in October 2016, the Aurora Universities Network is a group of nine European institutes working together to build inclusive university communities and tackling complex, societal challenges around the world. Global leaders in academic research, network partners support each other to pursue a shared mission of strengthening academic, cultural and social ties by focusing on six core themes: Sustainability, Inclusive internationalisation, Diversity and inclusion, Societal impact and relevance of research, Student engagement and Innovation and teaching.

For more information can be found [here](#)

WOMENS DEVELOPMENT NETWORK

The Women's Development Network (WDN) is designed to connect female staff, including those who identify as female, at all grades, career paths and ethnic groups in both formal and informal settings.

The purpose of the network is to:

- Act as a forum for development debate and networking
- Share ideas, experiences, knowledge and opportunities to support colleagues
- Promote equality of opportunity for women across the University
- Provide a source of information and support relating to development processes and mechanisms

The network normally hosts a formal event four times per annum and members are also encouraged to meet more informally on an ad hoc basis. The WDN has a small steering group to coordinate activities and the membership of this will be updated on a regular basis.

If you're interested in finding out more and helping shape the WDN, please email: xrs-womensnetwork@abdn.ac.uk or you can sign up to register as a member directly through: <https://mlisthost.abdn.ac.uk/mailman/listinfo/wdn-list>

ATHENA SWAN

Gender equality sits at the core of the University of Aberdeen community. We are committed to ensuring there is a diverse, inclusive and empowering work and study atmosphere for all staff and students. We are proud to have our ongoing commitment to gender equality demonstrated by being one of the few University's to hold an Athena SWAN award in all departments. We have ambitious yet achievable plans in all areas of the University, to ensure we continue to advance gender equality and tackle barriers to women's careers.

To find out more information about Athena SWAN at the University of Aberdeen please visit www.abdn.ac.uk/athenaswan



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