Good morning/Good Safternoon,

I am XY, a research/ PhD/ undergraduate/ postgraduate student at the School of Psychology, University of Aberdeen working under the supervision of Dr XY. We are conducting a research study to understand *[explain in lay terms and in only 2-3 clear sentences].*

I am going to give you an *informed assent form* which contains more information about the research study and invite you to be part of it. We would be most grateful for your participation and contribution to this study. This study is not part of any school assessment. Study participation is entirely voluntary and there are no disadvantages for you if you decide to not take part. You can choose whether or not you want to participate. If you would like to participate in the research, your parents/guardians will also have to agree.I will give you a copy of the assent form to keep for yourself and a copy of parental consent form to take home to get permission from your parents/guardians.

You may discuss anything in the assent form with your parents/guardians or friends or anyone else you feel comfortable talking to. You can decide whether to participate or not after you have talked it over. You do not have to decide immediately. You have a week to decide if you want to participate, please return the assent form within a week from today.

Please take time to read the information on the form that I will hand out carefully. There may be some words that you don't understand or things that you want to learn more about, because you are interested or concerned. Feel free to ask me at any time. I will be happy to explain everything.

Thank you for your time!